

Before you come to check-up

If you are pregnant and have questions in your mind you should notify your doctor before the check-up procedure.

If you have previous tests, examination reports or medicines please bring them.

You should not eat anything at your appointment day (8-12 hours hunger at night will be enough). Please do not eat or drink anything and not smoke during this time.

If you are taking vitamin C its dose should not be over 250 mg.

If you are taking pills which contains iron the usage should be stopped at least two days before.

For women, it is advised that check-up must not be done during menstruation period.



**BAŞKENT UNIVERSITY
HEALTHCARE GROUP**

CHILD CHECK-UP PACKAGE

EXAMINATION OF CHILD DISEASES

Complete Blood Count

Serum Iron

Serum Iron Binding Capacity

Ferritin

Blood Glucose

Creatinine

ALT

AST

GGT

Total Billuribin

Albumin

Anti HBS

Sedimentation

CRP

Urine Analysis

Abdominal USG

Stool Examination



CHECK-UP UNIT

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WHY CHECK-UP?

In our daily rush and stressful life we should ask ourselves two questions. First is “what have I done wrong or correct until today?”. The second one is “What should I do to be healthy?”.

At the Modern Medical Science the objective is to take the necessary precautions before the illness and keep the person healthy.

Check-up is a general or limited health screening before having a serious medical complaint or complaints which are not considered very important.

In Check-up or which can be called “Personal Health Screening” the main goal is to take the necessary precautions against the disease with an early diagnosis and keep the person healthy.

You must not forget that the best treatment comes with an early diagnosis; because of this reason you should have time for yourself to get a check up at least once a year. This will guarantee your health condition.

The Check-up Units of Başkent University Hospitals are at your service with the standart and extended packages for Men and Women under and over 40 years old and for children.

| MEN STANDARD (UNDER 40 YRS) | MEN (STANDARD) (OVER 40 YRS) | MEN (EXTENSIVE PACKAGE) |
|-----------------------------|------------------------------|-------------------------|
| CHECK-UP EXAM. | CHECK-UP EXAM. | CHECK-UP EXAM. |
| Complete Blood Count | Complete Blood Count | Complete Blood Count |
| Sedimentation | Sedimentation | Sedimentation |
| Fasting Blood Glucose | Fasting Blood Glucose | Fasting Blood Glucose |
| Blood Urea Nitrogen | Blood Urea Nitrogen | HbA1c |
| Creatinine | Creatinine | Blood Urea Nitrogen |
| Uric Acid | Uric Acid | Creatinine |
| Sodium | Sodium | Uric Acid |
| Potasium | Potasium | Sodium |
| Total Cholesterol | Total Cholesterol | Potasium |
| HDL | HDL | Calcium |
| LDL | LDL | Phosphate |
| Triglyceride | Triglyceride | Magnesium |
| ALT | ALT | Total Cholesterol |
| AST | AST | HDL |
| GGT | GGT | LDL |
| Alkaline Phosphatase | Total Protein | Triglyceride |
| Vitamin B12 | Alkaline Phosphatase | ALT |
| TSH | CRP | AST |
| CRP | Vitamin B 12 | GGT |
| ECG | TSH | CRP |
| PA Chest X-ray | PSA | Vitamin B12 |
| Abdominal USG | ECG | PSA |
| Thyroid USG | PA Chest X-Ray | Free PSA |
| Urine Analysis | Abdominal USG | CEA |
| | Thyroid USG | TSH |
| | Echocardiography | HBS AG |
| | Vitamin D | ANTI HBS |
| | Urine Analysis | ANTI HCV |
| | Fecal Occult Blood | ANTI HIV |
| | | Fecal Occult Blood |
| | | Urine Analysis |
| | | Vitamin D |
| | | ECG |
| | | PA Chest X-Ray |
| | | Abdominal USG |
| | | Thyroid USG |
| | | Echocardiography |
| | | Treadmill Exercise test |
| | | CA 19-9 |
| | | VDRL |

| WOMEN STANDARD (UNDER 40 YRS) | WOMEN (STANDARD) (OVER 40 YRS) | WOMEN (EXTENSIVE PACKAGE) |
|-------------------------------|--------------------------------|---------------------------|
| CHECK-UP EXAM. | CHECK-UP EXAM. | CHECK-UP EXAM. |
| Complete Blood Count | Complete Blood Count | GYNOCOLOGICAL EXM. |
| Sedimentation | Sedimentation | Complete Blood Count |
| Fasting Blood Glucose | Fasting Blood Glucose | Sedimentation |
| Blood Urea Nitrogen | Blood Urea Nitrogen | Fasting Blood Glucose |
| Creatinine | Creatinine | HbA1c |
| Uric Acid | Uric Acid | Blood Urea Nitrogen |
| Sodium | Sodium | Creatinine |
| Potasium | Potasium | Uric Acid |
| Vitamin D | Vitamin D | Sodium |
| Total Cholesterol | Total Cholesterol | Potasium |
| HDL | HDL | Calcium |
| LDL | LDL | Phosphate |
| Triglyceride | Triglyceride | Ferritin |
| ALT | ALT | Total Cholesterol |
| AST | AST | HDL |
| GGT | GGT | LDL |
| CRP | CRP | Triglyceride |
| Vitamin B12 | Vitamin B 12 | ALT |
| TSH | TSH | AST |
| Urine Analysis | Urine Analysis | GGT |
| ECG | ECG | Alkaline Phosphatase |
| PA Chest X-ray | PA Chest X-Ray | CRP |
| Abdominal USG | Abdominal USG | Vitamin B12 |
| Breast USG | Breast USG | Folic Acid |
| Thyroid USG | Thyroid USG | CEA |
| | Digital Mammography | TSH |
| | Echocardiography | HBS AG |
| | Fecal Occult Blood | ANTI HBS |
| | Vitamin D | ANTI HCV |
| | | ANTI HIV |
| | | Fecal Occult Blood |
| | | Urine Analsis |
| | | ECG |
| | | Thyroid USG |
| | | PA Chest X-Ray |
| | | Abdominal USG |
| | | Breast USG |
| | | Digital Mammography |
| | | Pap Smear |
| | | Echocardiography |
| | | Vitamin D |
| | | VDRL |
| | | BMD |
| | | CA 125 |
| | | CA 15-3 |
| | | CA 19-9 |